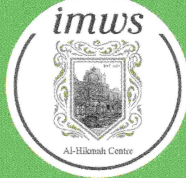


# Ramadhan 1443



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Charity Reg No: 1067746

April / May 2022

## Niyyat of Roza

بِصَوْمِ عِدَّةٍ نَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

Bi Sawmi ghadin nawaytu min shahri Ramadhan  
I intend to keep tomorrow's fast of the month of Ramadhan

### THINGS THAT BREAK THE FAST

- To eat, drink or indulge in cohabitation intentionally
- To burn agarbatti (incense) and inhale its smoke
- If water goes down the throat while gargling
- To vomit mouthful intentionally
- To swallow vomit intentionally
- To swallow something edible, equal or bigger than a grain of gram, which was stuck between the teeth. However, if it is taken out of the mouth, then swallowed, it will break the fast whether it is similar or bigger than the size of the gram
- To drop oil or medicine into the nose
- To swallow the blood from gums with saliva. However, if the blood is less than the saliva and its taste is not felt then the fast will not break
- Smoking or snuffing
- To eat or drink forgetting one is fasting and thereafter, thinking that the fast is broken to eat or drink again
- To apply medicine to the anus
- For women to apply medicine to the urinary organs

### SADQAT-UL-FITR

Sadqat-ul-fitr is obligatory on each adult male and female. If a person has children, the same amount has to be paid on behalf of each child.

**Please Pay**  
**£2.77**

To your local masjid or at the Al Hikmah Centre (IMWS) directly.

DATE	DAY	CHAND	SEHRI END	IFTARI
2	SAT	1	04:23	7:48
3	SUN	2	04:20	7:50
4	MON	3	04:17	7:52
5	TUE	4	04:14	7:54
6	WED	5	04:11	7:55
7	THU	6	04:07	7:57
8	FRI	7	04:04	7:59
9	SAT	8	04:01	8:01
10	SUN	9	03:58	8:03
11	MON	10	03:54	8:05
12	TUE	11	03:51	8:07
13	WED	12	03:47	8:08
14	THU	13	03:44	8:10
15	FRI	14	03:40	8:12
16	SAT	15	03:37	8:14
17	SUN	16	03:30	8:16
18	MON	17	03:26	8:18
19	TUE	18	03:22	8:19
20	WED	19	03:19	8:21
21	THU	20	03:15	8:23
22	FRI	21	03:11	8:25
23	SAT	22	03:07	8:27
24	SUN	23	03:03	8:29
25	MON	24	02:59	8:30
26	TUE	25	02:55	8:32
27	WED	26	02:51	8:34
28	THU	27	02:46	8:36
29	FRI	28	02:42	8:38
30	SAT	29	02:37	8:40
1	SUN	30	02:33	8:41

## Niyyat of Iftar

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma laka sumtu wa ala rizqika aftartu  
O' Allah! I fasted for You and with Your provision (food) do I break my fast

### SUNNAHS IN RAMADHAN

- To observe taraweeh
- To increase the recitation of the Holy Qur'aan
- To observe the I'tikaaf during the last ten days of Ramadhan

### MUSTAHAB (DESIRABLE)

#### ACTS IN FASTING

- To do sehri (the meal before subha sadiq)
- To delay the sehri up to a little before subha sadiq (early dawn)
- To break the fast immediately after sunset
- To break the fast with dates. If dates are not available then with water

### THINGS MAKROOH (DETESTABLE) WHILE FASTING

- To chew items such as rubber, plastic etc
- To taste food or drink and spit it out
- To collect one's saliva in the mouth and then swallow it
- To clean teeth or mouth with tooth powder or toothpaste
- To complain of hunger or thirst
- To quarrel or argue with filthy words

### THINGS THAT DO NOT BREAK THE FAST

- To eat, drink or indulge in cohabitation in forgetfulness
- To vomit without intention
- To vomit intentionally less than a mouthful
- To have a wet dream
- To oil the hair
- To use surma (collyrium) in the eyes
- To drop water/medicine in the eyes
- To clean teeth with wet or dry miswaak (a stick used to clean the teeth)
- To apply or smell attar(perfume)
- To swallow one's saliva or phlegm
- Water entering the ears
- To take an injection

## Indian Muslim Welfare Society

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